



CULINARY
CONSPIRACY

Fall & Winter Menu 2018/19

Conspire with us to create your special event! From a private party in your home to a major event, Culinary Conspiracy can create a menu to suite your taste, theme and budget.

Allergens

At Culinary Conspiracy, we do our utmost to accommodate dietary restrictions. Our kitchen is peanut free but we do use other nuts. We have gluten free options, but our kitchen is not gluten free. It is possible that some of our ingredients may come into contact with allergens at some point during the supply chain. Therefore, we cannot guarantee that our food items are purely nut free and/or gluten free.

Delivery / Rentals / HST

Delivery Service and rentals are not included in our pricing. Rental dishes are available. Prices do not include HST.

Symbols: ^v=Vegetarian ^{vv} = Vegan ^{GF}=Gluten Free ^{NF} = Nut Free ^{DF} = Dairy Free
855 Industrial Avenue, Unit 12, Ottawa ON K1G 4L4 (613) 241-3126 www.culinaryconspiracy.ca
Email: info@culinaryconspiracy.ca

Breakfast & Breaks

Each morning we prepare & bake the following for ultimate freshness.

Continental Breakfast^{/NF}: Danish / Muffins / Croissants served with Jams, Butter, Orange & Apple juice, Coffee & Tea. \$12.00/pp

Pastries^{V/NF}: A selection that may include Authentic French Croissants, Chocolatines and Fruit Danishes. \$5.50/pp

Scones & Muffins^{V/NF}: Sweet and Savory Scones, Oat & Bran Muffins. \$5.50/pp

Fruit Parfait Breakfast Combo^{V/NF}: Yogurt Parfait / Berry Compote Granola accompanied with Assorted Pastries / Scones / Muffins served with Jams & Butter. \$9.00/pp

Gluten Free Yogurt Parfaits w/ Granola on side

Fresh Fruit Breakfast Combo^{V/NF}: Fresh Fruit Salad accompanied with Assorted Pastries / Scones / Muffins served with Jams & Butter. \$8.00/pp

Bagels and Lox^{V/NF}: An assortment of Old-Fashioned Bagels with Scandinavian Smoked Salmon / Tomatoes / Thinly Sliced Red Onion / Whipped Cream Cheese.– Minimum 20ppl \$11.00/pp

Mushroom & Bacon Quiche^{NF/GF/DF}: Eggs / Bacon /Sautéed Mushrooms / Caramelized Onions / Roasted Garlic. \$9.00/pp – Minimum 20ppl

Spanish Frittata^{NF/GF/DF}: European Style Eggs Omelet with thinly sliced Sautéed Potatoes / Chorizo / Onions / Baby Spinach / Sundried Tomatoes / Smoked Paprika. \$14.00/pp

Veggie Frittata^{GF/DF/NF}: Spinach / Sautéed Onions /Potato Crust with Farm Fresh Eggs. \$13.00/pp

Gluten Free Scrambled Egg Combo^{GF/DF/NF}: Turkey Bacon / Chicken Sausage / Homefries. \$16.00/pp

Scrambled Egg Combo^{NF/DF}: Bacon / Sausage / Homefries. \$15.00/pp

Scrambled Eggs Benedict^{NF/DF}: Toasted English Muffin / Back Bacon, Scrambled Egg / Hollandaise Sauce / Served with Homefries \$16.00/pp

Culinary Breakfast Burrito^{NF/V}: Scrambled Eggs / Diced Bell Peppers / Pepper Jack Cheese wrapped in a Flour Tortilla 2/pp \$10.50/pp

Culinary Breakfast Sandwich^{NF}: Egg / Back Bacon / Canadian Cheese on an English Muffin. Served with Homefries \$14.00/pp

French Toast^{NF}: Served with Bacon / Sausage / Maple Syrup \$13.00/pp

Belgian Waffle^{NF}: Served with Bacon / Sausage / Maple Syrup / Strawberry Compote and Whipped Cream \$15.00/pp

Sweet Loaves^{V/NF}: Serves 10ppl \$12.00/loaf

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Mini Breakfast

Pastries: 2 per person	\$6.00/pp
Fruit Parfait ^{V/GF/NF} : Vanilla Infused Yogurt / Berry Compote / Homemade Granola on the side	\$5.00/pp
Fresh Fruit Salad ^{V/GF/NF/DF/VV} : Seasonal Fresh Fruits drizzled with Honey	\$4.50/pp
Fresh Fruit Skewers ^{GF/NF/V} : Served with Yogurt Dip	\$5.50/pp
Fresh Whole Fruit of the Day ^{V/GF/NF/DF/VV}	\$1.50/each
Homemade Granola Bars ^{NF/V} : Seeds and Dried Fruits	\$3.00/each
Gluten Free/Vegan Granola Bars ^{GF/DF/V/VV}	\$4.00/each
Gluten Free & Vegan Cookie ^{V/VV/GF/DF/NF}	\$3.50/each
Biscotti ^V :	\$3.50/each
Tortilla Chips and Salsa ^V : Serves 10-12 ppl Gluten Free Quinoa Chips add \$2.00/platter	\$14.50/platter

Platters

Fresh Fruit Platter ^{V/GF/NF} : A Selection of Seasonal Fruits & Berries served with Vanilla Honey Yogurt. Serves 10ppl. Vegan without Yogurt.	\$55.00/platter \$5.00 per extra person
Triple Dips and Crisps ^{V/DF/NF/VV} : Baba Ghanoush / Hummus / Roasted Red Pepper Dips served with Pita Crisps. Serves 10ppl.	\$50.00/platter
The Culinary Cheese Platter ^{V/NF} : Domestic & Imported Cheeses served with Grape Clusters, Strawberries & Biscuits. Serves 10ppl. Gluten Free Rice Crackers available.	\$70.00/platter
Lactose Free Cheese Platter ^{V/GF/NF/DF} : Serves 10ppl	\$90.00/Platter \$9.00 per extra person
From Garden To Table ^{V/DF/NF/VV/GF} : A combination of Fresh Vegetable Crudités served with Dijon Honey Mustard. Add Healthy Root Vegetable Chips \$1.50/person	\$50.00/platter
Roasted Vegetable Platter ^{V/GF/VV/DF/NF} : Red, Yellow and green peppers/ Red Onion/Eggplant and Zucchini with Mediterranean Glaze. Served Room Temperature. Serves 10ppl.	\$65.00/platter \$6.50 per extra person
French Pâtés: A Selection of Premium Pâtés served with Condiments/Gherkins/Crostini/Fresh Artisanal Bread. Serves 10ppl	\$70.00/platter \$7.00 per extra person

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Bruschetta ^{DF/V/NF} : Vine Ripened Tomatoes with Italian Spices & Extra Virgin Olive Oil served with Toasted Garlic Baguette. Serves 10ppl	\$45.00/platter	Cold Water Shrimp Platter ^{GF/NF/V} : 100 Jumbo Shrimp/Tangy Cocktail Sauce/Lemon Wedges. Serves 20-25ppl.	\$225.00/platter
Gluten free rice crackers	\$1.50/person	Finger Sandwiches ^{NF} : An Assortment of Finger and Pinwheel Sandwiches including Salmon, Tuna & Egg. Serves 20ppl Meat selection available on request.	\$120.00/platter
Charcuterie Platter ^{NF/DF} : A Variety of Locally Crafted Cured Meats. May include Genoa Salami/Hungarian Salami/Capicola Ham/Canadian Prosciutto from Niagara/Honey Maple Sausage/Smoked Duck Breast. Served with Homemade Chutney/Gherkins & Fresh Baguette. Serves 10ppl	\$99.00/platter \$9.00 per extra person	Neptune Platter ^{V/NF/DF} : Lobster Rolls, Smoked Salmon and Marinated Shrimp, served with Pickled Red Onions and Sour Gherkins. Serves 10ppl	\$140.00/platter \$14.00 per extra person
Cold Cut Platter ^{NF/DF} : Roast Beef/ Smoked Turkey Breast/ Sweet Capicola/ Montreal Smoked Meat/ Beef Salami/ Deli Mustard/Rye Bread. Serves 10ppl.	\$90.00/platter		
	\$120.00/platter		
Smoked Salmon Platter ^{DF/NF/V} : With Pumpernickel Bread/ Capers/ Red Onion/ Lemon Wedges. Serves 10ppl.	\$12.00 per extra person		
Fresh Atlantic Salmon Platter ^{NF/DF/GF/V} : With Russian Dill Sauce Served Room Temperature. Serves 10ppl.	\$85.00/platter		
Roast Beef Platter ^{NF/DF/GF} : Oven-Roasted Sirloin of Beef (medium rare) with Horseradish Mayo. Serves 10ppl	\$90.00/platter \$9.00 per extra person		
Chicken Breast Platter ^{DF/NF/GF} : With Orange and Sweet Thai Chili Glaze. Served Room Temperature. Serves 10ppl	\$65.00/platter		

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Sandwich Packages

Add Soup or salad for \$4.50/person

<p>The Express^{NF/DF}: A Medley of Tuna/Egg Salad/ Chicken salad/ Roasted Vegetables on freshly baked Tea Buns (white & whole wheat). 2/person Celery & Carrot Sticks with Dijon Honey Mustard Dipping Sauce. Cookies</p>	\$14.00/person	<p>Conspiracy Classic^{NF}: Includes a Selection of Ham & Swiss: Sweet Capicola Ham/Swiss Cheese/Lettuce/ Tomato/Honey Mustard.</p> <p>Smoked Turkey Club Wrap: Smoked Turkey/Tomato/ Red Onion/Romaine Lettuce/Bacon/Roasted Garlic.</p>	\$17.00/person
<p>Deli Quick & Light^{DF/NF}: Assortment of Deli Meat Sandwiches: Montreal Smoked Meat/Seasoned Roast Beef/Smoked Chicken Breast/Honey Maple Ham. Vegetarian Sandwiches available upon request. 2.5/pp Celery & Carrot Sticks with Dijon Honey Mustard Dipping Sauce Cookies</p>	\$16.00/person	<p>Traditional Roast Beef: Roast Beef/Tomato/Pickled Red Onion Lettuce/Havarti/Horseradish Mayo.</p> <p>Classic Chicken: Lemon & Herb Grilled Chicken/Tomato/ Lettuce/Orange Cheddar/Sundried Tomato Aioli.</p>	
<p>Wrap & Roll^{DF/NF}: Assorted Flavored Wraps with Meat & Vegetarian Fillings Celery & Carrot Sticks with Dijon Honey Mustard Dipping Sauce Cookies</p>	\$16.00/person	<p>Oven Roasted Veg^V: Oven-roasted Mixed Vegetables/Basil Pesto Spread</p> <p>Crudit�^{NF/DF}: Crunchy Celery/Carrot Sticks/Cauliflower/Broccoli Buds/ Red Peppers/Dijon Honey Mustard Dipping Sauce.</p>	
<p>Wrap & Roll Non-Meat^{NF/V/DF}: Tuna, Egg and Salmon Salad in Assorted Flavored Wraps with Celery and Carrot Sticks with Dijon Honey Mustard Dipping Sauce. Cookies</p>	\$16.00/person	<p>Cookies: Double Chocolate/Oatmeal Raisin/Macadamia Nut.</p>	
<p>Manhattan Sandwich Platter^{DF/NF}: Assorted Large Deli Sandwiches on Fresh Baked Rye Bread. Montreal Smoked Meat/Seasoned Roast beef/ Smoked Chicken Breast/ Honey Maple Ham. 1.5/pp Dills & Olives. Vegetarian Sandwiches available on request. Apple Squares^V</p>	\$18.00/person		

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Hot Sandwiches

Meatball Sub^{NF}: 6 inch Meatball Sub with Marinara Sauce and Mozzarella Cheese. Served with an Italian Salad. Cookies

\$15.00/person

Pull Pork Sandwich^{NF}: Pull Pork on a Ciabatta Bun served with Creamy Coleslaw. Cookies

\$15.00/person

Chef Soup of the Day^{VV/V/DF/GF/NF}

\$4.50/person

Gluten Free & Vegan Sandwiches available upon request

ADD \$2.00 extra per person

Grain Fed Breast of Chicken Supreme^{NF/DF/GF}: With Café au Lait Sauce \$26.00/person

Mediterranean Chicken^{GF NF DF}: Marinated Pan-seared Chicken Breast stuffed with Spinach & Mushroom with a Hint of Mediterranean Herb Glace \$26.00/person

Tandoori Chicken^{NF/DF/GF}: Marinated Chicken with Tandoori Spice and Cooked in our Clay Oven \$26.00/person

Chicken Cacciatore^{GF NF DF}: Morsels of Chicken in a Roasted Roma Tomato Sauce with a Medley of Onions and Bell Pepper \$26.00/person

Hot Entrées

Includes Choice of 2 Sides

All Entrées include Fresh Artisan Breads and Butter

Roast New York Sirloin^{GF NF DF}: Served hot with a Three-Peppercorn Sauce or Room Temperature with Horseradish Mayo

\$30.00/person

Beef Bourguignon^{NF/DF/GF}: Tender Morsels of AAA Canadian Beef with Mushrooms and Onions in a Red Wine Sauce

\$28.00/person

Top Sirloin Medallion^{NF/DF/GF}: With Sautéed Mushrooms and Onions in a Wine Demi-glace

\$28.00/person

Chicken Parmigiana^{NF}: Grain-fed Breast of Chicken, Flattened and Coated with Panko Bread Crumbs and Topped with Marinara Sauce, Finished with Mozzarella Cheese \$26.00/person

Chicken Piccata^{NF/GF/DF}: Thinly Sliced Breast of Chicken in a Lemoncello Sauce \$26.00/person

Chicken Stir Fry^{NF/DF/GF}: Chicken Breast Strips with a Medley of Fresh Market Veggies tossed with Sesame Oil \$25.00/person

Chicken Brochette^{GF NF DF}: Black Peppercorn & Balsamic Infused Chicken with Red Pepper, Onions & Cherry Tomato. 2 per person \$26.00/person

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Hot Entrées – Con't

Includes Choice of 2 Sides

All Entrées include Fresh Artisan Breads and Butter

Maple Glaze Chicken^{GF/NF/DF}: Oven Roasted Chicken Legs finish with a Mild Maple Glaze \$26.00/person

Barbeque Chicken & Ribs^{GF/NF/DF}: ¼ Chicken Leg in a Maple BBQ Sauce & 1/3 Ribs in a 40 Creek BBQ Sauce \$26.00/person

Oven-Roasted Pork Medallion^{GF/NF/DF}: In a Wild & Tame Mushroom Ragu or served with Dijon Maple Glaze \$32.00/person

Pork Rib Chop^{GF/NF/DF}: Double cut 10oz Chop with Mushroom Forestier Sauce \$30.00/person

Fresh Atlantic Salmon^{GF/DF/NF}: In a Pesto Sauce \$30.00/person

Halibut^{GF/NF/DF}: Grilled Halibut Steak with a Red Onion, Cilantro & Bell Pepper Salsa with a splash of Lime \$30.00/person

Tuna Steak^{GF/NF/DF}: Tuna Steak cook to medium rare with Orange & Mango Chutney with a squeeze of fresh Lemon. \$30.00/person

Pickerelel^{GF/NF/DF}: Pan fried Pickerelel with a Lemoncello Sauce. \$27.00/person

Hot Entrées Vegetarian Menu

Includes Choice of 2 Sides

All Entrées include Fresh Artisan Breads and Butter

Thai Coconut Vegetarian Curry^{V/VV/ GF/ NF/DF}: Red Thai Curry Paste/ Coconut Milk/ Roasted Cauliflower/ Broccoli/ Carrots/ Sweet Potato/ Mini Red & White Potatoes/Celery Root \$25.00/person

Lentil Ratatouille^{V/VV/GF/DF/NF}: Roasted Red Bell Pepper stuffed with Lentils 2 per person \$26.00/person

Stir-Fry^{V/NF/VV/GF/DF}: A medley of Market Fresh Vegetables tossed with a Sesame Oil Stir-fry Sauce with Rice Noodles \$25.00/person

Vegetarian Lasagna^{V/NF}: Our Signature Lasagna is loaded with Cheese, Vegetable & Simple Basil Tomato Sauce \$25.00/person

Vegetarian Shepherd's Pie^{V/NF/GF/DF/VV}: Made with Yves Ground Round & a Medley of Seasonal Vegetables \$25.00/person

Eggplant Parmigiana^{V/NF}: Tender slices of Eggplant Dipped in Eggs & Breaded with Panko in a Roasted Roma Tomato Sauce Topped with Mozzarella \$25.00/person

Vegetarian Chili^{V/VV/GF/NF/DF}: A Tex Mex Style made with Veggie Ground Rounds, Beans, Corn & Tomatoes \$25.00/person

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Lunch Buffet Packages

The Red, White and Green – Minimum 20ppl

Italian Salad ^{V/VV/GF/NF/DF}

Garlic bread ^{V/NF}

Choice of Beef or Vegetarian Lasagna ^{V/NF}

Homemade Fruit Salad ^{NF/GF/DF/VV/V}

\$25.00/person

The Middle Eastern- Minimum 20ppl

Fattoush Salad ^{GF/NF/DF/V/VV}

Chicken Souvlaki ^{GF/NF/DF} /Veggie Souvlaki ^{GF/NF/DF/V/VV}

Lentil Rice with Crispy Onions ^{GF/NF/DF/V/VV}

Pita ^{NF}

Baklava

\$25.00/person

The Oriental ^{NF} – Minimum 10ppl

Spring Rolls (1 per person)

Chicken Stir-fry

Oriental Rice

Noodle Chow Mein

Fortune Cookies and Sliced Oranges

\$26.00/person

The Greek –Minimum 10ppl

Greek Salad ^{GF/NF/DF/V/VV}

Chicken Brochettes ^{GF/NF/DF} (2 per person)

Mediterranean Rice ^{GF/NF/DF/V/VV}

Baklava

\$28.00/person

The Indian –Minimum 10ppl

Butter Chicken ^{DF/NF/GF}

Rice Palao ^{DF/NF/GF/V}

Potatoes Baji ^{DF/GF/NF/V}

Sweet Balls in Rose Water

\$28.00/person

\$28.00/person

Salads

À la carte \$4.50/pp

Horiatiki ^{V GF NF}: A Mediterranean Blend of Plum Tomatoes/Sweet Peppers/Sweet Red Onions/Cucumbers/ Kalamata Olives/Tears of Romaine Hearts/Crumbled Feta/ Lemon-Oregano & Olive Oil Vinaigrette

Campagna ^{V GF NF}: Baby Spinach & Radicchio topped with Slivered Local Apples/Sundried Cranberries/ Pickled Red Onions/Shaved Asiago Cheese/ Buttermilk-Poppy Seed Vinaigrette

Mini Red Skin Potato ^{V VV NF DF}: Mini Red Potatoes tossed with Diced Onions/ Red & Yellow Peppers/ Honey Mustard Dressing

Greek Quinoa ^{V VV NF}: Quinoa tossed with Diced Tomato Cucumbers/Onions/Peppers/Black Olives/Sweet Greek Vinaigrette

Strawberry Fields ^{V GF}: Arugula Topped with Fresh Sliced Strawberries/ Crumbled Goat Cheese/Candied Walnuts/Raspberry Vinaigrette

Baby Arugula ^{V VV DF} Arugula Topped with Cherry Tomatoes Strawberries/Pralines/Raspberry Vinaigrette

Mixed Kale Salad ^{GF/NF/V}: Tossed with Cranberries/ Sunflower Seeds/ Poppy Seed Dressing

Taco Salad ^{DF/NF/V/VV}: Salad Green/ Assorted Beans/ Assorted Peppers/ Tri-color Nacho Chips /Avocado Dressing

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Salads -Cont'd

À la carte \$4.50/pp

Sonora^{V VV NF DF}: Roasted Corn/Kidney Beans/Roasted Red Peppers/
Sweet Vinaigrette

Fattoush Salad^{VV NF DF GF V}: Tossed Romaine Lettuce/Hothouse Tomatoes/ Cucumber/Carrot/ Sweet Pepper/Baked Pita Chips on side with Sumac Dressing

Italian Salad^{V/VV/GF/NF/DF}: Iceberg Lettuce/ Tomatoes/ Cucumber/ Onions and Peppercini in an Oregano Oil and Vinegar Dressing

Noodle Salad^{V/NF/DF}: With a Medley of Bell Peppers/ Red Onion and Crispy Egg Noodles Tossed in Sweet Soy Dressing.

Heritage Lettuce and Mango Salad^{V/VV/GF/NF/DF}: With Hothouse Tomatoes Baby Cucumber/Tossed in an Aged Balsamic Dressing

Asian Cucumber Salad^{V/DF/NF}: Slice Cucumber/ Bell Peppers/ Rice Noodles & Red Onions in an Asian Sesame Dressing.

Summer Time Salad^{V/VV/DF/NF/GF}: Blueberries/ Broccoli & Spinach Tossed with Raspberry Dressing

Roasted Sweet Potatoes Salad^{V/GF}: With Sliced Almond & Feta Cheese in a Mediterranean Dressing

Bowtie Pasta Salad^{NF/DF/V}: Made with Bowtie Noodles/ Medley of Peppers/ Slivered Red Onions in an Italian style dressing

Cucumber & Tomato Salad^{GF/DF/V/VV/NF}: Tossed with Red Onions in a Dill Vinaigrette

Sides

Choose Two Sides with your Hot Entrée
or À La Carte \$4.50/pp

Potato

Yukon Gold Potato Wedges^{V GF NF DF VV}: Rosemary/
Smoked Paprika/Garlic/Olive Oil

Oven Roasted Red Skin Potatoes^{V GF NF VV DF}

Red Skin Mashed^{V GF NF VV DF}

Oven Fried Potato Pancakes^{V GF NF DF VV}

Yukon Gold Mashed^{GF NF DF V VV}

Grain

Middle Eastern Couscous^{V GF DF NF VV}: Couscous/Cinnamon /Golden Raisins/ Tri-Rainbow Peppers

Mediterranean Rice^{V VV NF GF DF}: Long Grain Rice/Onion/Red, Yellow & Green Pepper

Rice Palao^{V VV GF DF NF}: Basmati Rice with Herbs and Sweet Garden Peas

Oriental Rice^{V DF NF}: Long Grain Rice with Sautéed Onions/ Celery/
Red, Yellow & Green Pepper/ Tossed with a Light Soy Sauce^{VV}

Lentil

Red Lentils^{V VV GF DF NF}: With Coconut Curry

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Vegetable

Grilled Vegetable Medley ^{V VV GF NF DF}: Grilled Marinated Red Peppers/ Yellow Peppers/Green Peppers/Zucchini/Eggplant/Spanish Onion
Served Room Temperature or Hot

Oven-Roasted Root Vegetables ^{V VV GF NF DF} : Includes Carrots/ Parsnip/ Sweet Potato/ Celery Root/ Turnips. Served Hot

Panache of Fresh Vegetables ^{V VV GF NF DF} :
Turnip/carrot/cauliflower/pepper medley with a buttery glaze

Oven Roasted Brussel Sprouts ^{V VV GF NF DF} : With Balsamic Reduction

Spaghetti Squash ^{V VV GF NF DF}: With a Maple Glaze

Sweet Corn Casserole ^{V VV GF NF DF} : Sweet Corn & Sweet Potato with Sautéed Onions

Desserts

Homemade Cookies ^V: Double Chocolate/Oatmeal Raisin/Macadamia Nut \$4.00/person

Squares & Tartlets ^V: Brownies/Apple Squares/Carrot Cake \$55.00/platter
\$5.00 per extra person

Fresh Fruit Platter ^{V/GF/NF} - A selection of Seasonal Fruits & Berries served with Vanilla Honey Yogurt. Serves 10ppl. Vegan without Yogurt. \$5.00/person

Mini Desserts ^V: Nanaimo/ Éclairs/Fruit Tarts \$6.00/person

Lemon Curd Tart ^V \$7.50/person

Cheesecake Slices ^V: With Fresh Strawberry Compote \$7.50/person

Chocolate Cake Slices ^V \$7.50/person

Strawberry Shortcake Slices ^V \$8.00/person

Red Velvet Cake ^V \$8.00/person

Crème Brûlée ^V: In a Sweet Tart Shell \$9.00/person

Flourless Chocolate Torte ^{V/GF} \$3.00/each

Homemade Granola Bars ^{NF/V}: Seeds and Dried Fruits. \$4.00/each

Gluten Free/Vegan Granola Bars ^{GF/DF/V/VV} \$3.50/each

Biscotti ^V: \$3.50/each

Tortilla Chips and Salsa ^V: Serves 10-12 ppl
Gluten Free Quinoa Chi \$3.00/person
Add \$2.00/platter

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Cool Hors d'Oeuvres

\$90.00 per 3 dozen

Minimum Order 3 dozen per item

Favolosa Skewers ^{NF/GF}: Genoa/Italian Spice Mozzarella/Cherry tomato/Fresh Basil

Assorted Mini Quiche ^{NF}: 3 Cheese/Florentine/Swiss & Ham/Cheese & Bacon

Caprese Skewers ^{V/NF}: Mozzarella Balls/Cherry Tomato/Fresh Basil / Balsamic Reduction

Jumbo Madras Spiced Prawn ^{DF/NF/GF}: Orange-Chili Glaze/Toasted Coconut

Antipasto Skewers ^{NF/GF}: Prosciutto/Provolone/Kalamata Olive/Cherry Tomato

Thai Beef Cucumber Circles ^{DF/NF/GF}: Medium Spiced Beef Julienne/ Cucumber Circles

Wild Mushroom Bruschetta ^{V/NF/DF}: Garlic Crostini/Roma Tomatoes/Wild Mushrooms

Beef Tulips ^{NF}: Phyllo Cups/Medium Rare Ribeye Beef Slices/Raspberry Horseradish

Salmon Skewers ^{DF/NF/GF/V}: Oven-baked Caramelized Salmon Fillet/ Mango Salsa

Smoked Salmon Rosette ^{NF/V}: Dill and Cream Cheese mousse / Pumpernickel Circles

Vietnamese rolls ^{V/DF/NF/GF}: Mango/ Rice Noodles/Cilantro/Sweet Thai Chili Sauce

Curry Chicken Tulips ^{NF}: Miniature Phyllo Cups/Tandoori Curry Chicken

Oriental Chicken Confit Rolls ^{NF/DF}: Rice Paper /Chinese Lettuce/Chicken Confit/Hoisin Paste/ Hoisin BBQ Sauce (Gluten Free without dipping sauce)

Beef Strip Spoons ^{GF/DF/NF}: With Carrot Garnish/Balsamic Reduction/ served in Chinese Spoon

PREMIUM HORS D'OEUVRES

\$120.00 per 3 dozen

Minimum Order 3 dozen per item

Sashimi Tuna Poke ^{NF/DF/V}: Sushi Grade Tuna/Oriental Glazed/served in Chinese Spoon

\$105.00 per 3 dozen

Minimum order 3 dozen per item

Stuffed Dates ^{NF/GF}: With Herbs Whipped Cream Cheese/Cranberry/Wrapped in Pepper Prosciutto

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Hot Hors d'Oeuvres

\$90.00 per 3 dozen

Minimum Order 3 dozen per item

Assorted Mini Quiche ^{NF} : /3 Cheese/ Florentine/ Swiss & Ham/
Cheese & Bacon

Dusted Petit Chicken Fillets ^{NF/DF} : With Plum Sauce

Spinach in Phyllo Beggar's Pouch ^{NF} : Fresh
Spinach/Oregano/Feta

Mini Cordon Bleu Chicken Bite ^{NF}

Mini Fresh Atlantic Salmon Cakes ^{NF/DF} : Served with a Seafood
Dipping sauce

Harrissa Chicken Skewers ^{NF/GF/DF} : Thin Chicken Fillets/Curried
Coconut / Tamarind Dip

Cocktail Samosas ^{V/NF} : Served with a Sweet Chili Dip

Tempura Chicken Bites ^{NF/DF}

Mini Gyoza ^{NF} : Wonton Wrap/Chopped Vegetables/Chicken &
Beef/Thai Chili Sauce

Hot Dog in a Blanket ^{NF} : Beef Hot Dog wrapped in Pastry served
with Deli Mustard

Mini Spring Rolls ^{V/NF} : Served with Plum Sauce

Chicken Bruschetta Wonton ^{NF} : Served with Chili Sauce

Shrimp Tempura ^{NF} : Served with Pico de Gallo Mayo

Mini Chicken Lollipops ^{NF/DF/GF} : Served with Sweet Chili
Sauce

Dusted Chicken Wings ^{NF/DF} : Served with Honey Garlic
Sauce

Japanese Ginger Chicken Bites ^{NF/DF}

Fire cracker Chicken Popper with Jalapenos ^{NF}

PREMIUM HORS D'OEUVRES

\$150.00 per 3 dozen

Minimum order 3 dozen per item

Mini Lamb Lollipops ^{NF} : Served with Tzatziki

Symbols: ^v=Vegetarian ^{vv}=Vegan ^{GF}=Gluten Free ^{NF}=Nut Free ^{DF}=Dairy Free

855 Industrial Avenue, Unit 12, Ottawa ON K1G 4L4 (613) 241-3126 www.culinaryconspiracy.ca

Email: info@culinaryconspiracy.ca

STATIONS

Montreal Smoked Meat Brisket – Minimum 25ppl

Hand carved before your guest's eyes...
served with Light & Dark Cocktail Rye Bread
Mustards/Dill Pickles/Olives/Sweet Pimentos
GF without bread

\$15.00/person

Carver
\$30.00/ hour
Minimum 4
hours

Oven-Roasted Top Sirloin of Beef^{NF/DF} –Minimum 25ppl

Hand carved before your guest's eyes...
Served with Freshly Baked Tea Buns/Horseradish/Dill
Pickles/Olives
GF without bread

\$21.00/person

Carver
\$30.00/ hour
Minimum 4
hours

Smoked BC Salmon Lox^{NF} – Minimum 25ppl

Served with Chopped Onions/Capers/Light & Dark
Bread Rolls/Creamy Horseradish Sauce & Cream Cheese
DF without cream cheese / GF without bread

\$19.00/person

Sushi Station^{NF/DF} –Minimum 20ppl

Assorted Vegetarian & Non-Vegetarian Sushi on Boards
Wasabi Mustard/Pickled Ginger/Teriyaki Sauce
GF without Teriyaki Sauce

\$22.00/person

Taco 3 Ways^{NF} - Minimum 25ppl

Prepared before your guest's eyes...
A Selection of Pulled Chicken/ Pork / Shirako Fish
Served on a Soft Taco in a Gingham Boat
Served with Shredded Canadian Yellow Cheddar/ Medium
Salsa /Chopped Tomatoes/ Chopped Onions/ Shredded
Lettuce/ Guacamole/ Sour Cream and a Selection of 3 Hot
Sauces

19.95/person

Chef
\$30.00/hour
Minimum 4
hours

Beverages

Soft Drinks/Sparkling Water/Still Water

\$2.50/each

Fruit juices – Apple and Orange

\$2.50/each

Coffee & Tea

\$2.25/person

Decaf Coffee

\$17.50/pot

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